

# Vhat's

## Letter from Rhondell

In recent letters, articles & talks, we have mentioned that the higher states of feeling open the door to higher levels of consciousness, wherein there are flashes of intuition or insight - real knowing.

These statements have brought tous aconsiderable number of phone calls and letters. Most of these communications have been something to the effect that "I know this but - - - - " In this letter we will discuss INFORMATION and LEARNING.

Information we can gather from many sources. Information is of great value when acted upon. We could say information, plus action based on the information, equals learning It would appear that many believe that learning means accumulating information and committing it to memory. Such a belief is false and results in an obstruction to learning. Acting out a bit of information leads to experiencing. Experiencing is learning.

Take some examples, and act out a role. First take a role one is more or less familiar with, say, being a victim. Act as though you are a victim of circumstances, that nothing in your life will work until circumstances are different. Observe carefully. You will see how you feel and what kind of thoughts race through to awareness. NOW you are learning. Now act out the role of a happy person. Again you will experience a totally different kind of feeling, and a very different type of thought will be present. In the same manner, act out the role of a discouraged person then the role of an enthusiastic person, then the role of a sad person, then the role of a blissful The contrast in the roles, feeling, and person. thoughts and ideas in the awareness are great learning tools.

What is written here is INFORMATION. ACTING OUT the roles is acting on the information and results in LEARNING. More exercises of these roles will result in more learning. The more roles can be acted out and experienced, the more proficient you will be. Then more roles can be taken on as exercises that will lead to higher & higher states of consciousness. This is REAL learning

past unconscious mechanical However. learning will imply to you that you already know this, and therefore there is no need to practice

these exercises, or that this stuff is for kids. or I'll try that sometime when I have the time: how will such stuff do any good now that I'm broke: why try to kid myself.

Some way or other most individuals will justify not taking the opportunity to learn. Some will; they are the real students. They are on the way.



### Guest Book

Mr. and Mrs. Randy Coe & daughter Heather, Perry Reynolds, Emily Skinner from the D.C. area, Valina Eckles visited again, as did Paulette's Mark, Quinn & Casey, Rene. Ricard from Spartenburg, N.C., Thelma Cheek, Linda's friend Pam, and from Los Angeles, Ron Baron

> I refuse to react to other people's reactions.

I have not been rejected, I've been liberated.

#### THE 9-STEP JOURNEY

The study to evolve to the possibility of higher consciousness, enlightenment, wisdom and understanding, and many other verbal attempts to label the natural state of man, has been called 'The Way", 'The Path', 'The Journey', 'The Pilgrimage', etc., etc., all implying a trip from one place to another area, such as from the conditioned state of being to enlightenment, from a very unnatural state of being to the natural state of being, which is so unusual that it is sometimes referred to as being almost supernatural.

As a possible aid to this journey, the following major places on the journey are given:

- 1. THE WORLD. The starting place for all. The world of belief, emotions, material purpose, conditioning, mechanical reaction.
- 2. CHALLENGE FROM LIFE. Major disappointment, losses, major illnes or accident, feeling that life has no meaning, etc.
- 3. SEARCHING OR ASKING. Usually asking amiss for something to produce a sense of non-disturbance. Perhaps the real search and asking would be something like, 'What's going on here?' If the asking is for a real purpose, not as conditioning, the Way is opened to one. There's an old saying 'When a person is ready, a teacher appears."
- 4. SELF-KNOWING. The study of conditioning.
- 5. SELF-REMEMBERING, such as:

What am I? Where am I? What's going on here? What can I do?

- 6. INITIATION. Practical acting on 'What can I do?' Learning in spite of conditioning.
- 7. DEDICATION. Making of first value living self-remembering.
- 8. ACTUALIZATION. Higher states of consciousness and unconditional love.
- 9. SERVICE. As a way of saying thank you. It could be said that the traveller learns to sense not to get something. However, Service does have side effects.

# CARTHUA (I) KINGA (I)

# Q & A

- Q. What about reaching higher states through the use of drugs? People have told me that by using certain drugs they have experiences of higher consciousness.
- A. Our answer to this comes from the perspective of our purpose, which is the Teaching As you may have read in the last newsletter, 'The ultimate purpose of the Teaching is to prepare the student to be capable of being aware of the many levels of consciousness or inner feeling and TO BE ABLE TO CHOOSE AND TO GENERATE OR BRING INTO BEING ANY LEVEL OF CONSCIOUSNESS SO DESIRED BECAUSE MANY AREAS OF SERVICE CAN ONLY BE RENDERED WHEN IN A GIVEN STATE OF CONSCIOUSNESS OR BEING.... (The work going on in a school situation) is for the transformation of students into beings who experience ANY level of consciousness REQUIRED FOR THE TASK AT HAND These states go go beyond the brain.

You will note that our aim is to enable students to be able to generate the inner state needed for a given situation. This is quite distinct - generating one's own inner state - from reacting to outside stimuli, which is the case of drug-induced feelings. We pass no judgment on any person's activities. For our purposes, though, being in charge of one's own inner state is the aim, in order to render service. Everything is done for the student to enable him or her to learn to do this, and not to to outside stimuli Drug-induced states are unreliable, at best, and case do no but detract for 's ability to choose the level of conscious?

### **Bulletin Board**

#### SCHOOL TALKS

Because several of our local friends are hair-dressers, the School Talks will be given on Monday afternoon from now on instead of Friday. If you are in the area, please drop in; everyone is welcome. Subscribers please note, your tapes will be mailed out on Tuesday afternoon now, instead of Friday evening.

#### WORKSHOP

Bob Gibson will give a workshop in the Los Angeles area on Sunday Sept. 30. Arrangements are being handled by Ron Baron. Please call him if you would like to reserve a place. Location and time will be published in the next newsletter; however, reservations are strongly advised. The price is \$50 per person. Ron Baron can be reached at (213) 858-1182.

#### MAILING LIST

If you know of someone who might enjoy receiving our newsletter please forward the name and address. It is sent free to every name on our mailing list about every two to three weeks.

#### CASSETTE STORAGE

We have available storage cases for cassettes A wooden box (not laminate) with three drawers holds 36 cassettes. They are \$11 plus \$1 for shipping (\$12). (The SCIENCE OF MAN course will be shipped in it, no charge for the box.) Also we have available a padded plastic case for 12 cassettes. Approximately 5 x 9 x 2½, it's like a book, with a Velcro closing, but the tapes are in a transparent envelope, NOT in fingernail-wrecking recesses. These sell for \$7 plus \$1 shipping. (No shipping charges on either item for subscribers.)

# What am I? Where am I? What's going on here? What can I do?

Please refer to Vol. 1 No.1

## Party Food

By request.....
DR, BOB'S CHILI COLORADO

5 lbs. COARSE-ground beef (ask butcher for chili plate)

1 Tbs. Oregano

2 tsps. Granulated Garlic

3 Tbs. Season Salt (available from us)

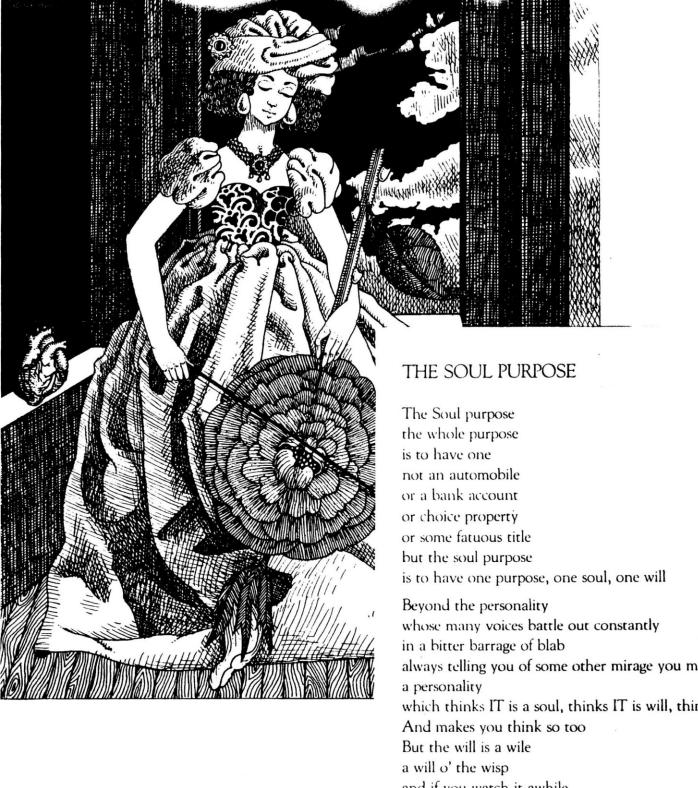
6 Tbs. Gerhardts chili powder

Brown meat in skillet. Add above ingredients. SIMMER 90 minutes. Add a little water if needed.

Before serving, add ½ cup vinegar and ½ cup sugar, stirring well. Add Louisiana hot sauce to taste (NOT Tobasco).

Can be reheated; gets better every day.





From

THE MAGIC THEATRE AND OTHER STAGES IN LIFE

By Ron Baron, illustrated by George DeHoff (Seeker Press, Los Angeles) but the soul purpose is to have one purpose, one soul, one will Beyond the personality whose many voices battle out constantly in a bitter barrage of blab always telling you of some other mirage you must grab on to a personality which thinks IT is a soul, thinks IT is will, thinks IT is true And makes you think so too But the will is a wile a will o' the wisp and if you watch it awhile although it is brisk If you eavesdrop, it may one day just suddenly stop And for a second it's still, Life's real, there's Will And for that second of silence, for all that it's worth there's a second sans violence and a silent mind is what is vital yes ever so dear, if one is to hear

the soul-oist give on this earth a heavenly, oneness recital

#### OF WATER AND WILLOWS

Water over rocks cascading Willows in the water wading, With their leafy skirts of green Sometimes trailing in the stream.

One must be like water flowing Never holding, never holding To the past, nor to the present -Just keep ever onward going.

One must bend like willow branches
Under heavy snow or rain.
Flexibility, the answer,
For the branches rise again
In the spring when snow is gone,
And the wind that sways the branches
Fills the willow tree with song.

By Virginia Van Degrift



#### THE HEM

The lowest part of Jesus' robe
was the hem,
Touched by one, her healing was not
in part.

Can it be one does not need to reach too high nor too far,
Was He showing us where healings start?

By LaPrele Finocchio



Everybody's friend Bill Nunn sends us Two Rules To Live By:

- 1. Don't sweat the small things.
- 2. They're all small things.

#### IN LOVE WE LIVE

Tidal waves come to destroy
Though we stand vital with joy.
Shielded from destruction
We build our constructions.
Creating our own worlds
Conceivable to few.
And those that fall
Dead in their graves,
Never know they lead
Themselves that way.

By Regina Friemoth

